

SYMPTOM CHECKER

WHEN TO KEEP YOUR CHILD OFF SCHOOL

If your child is showing mild cold symptoms would you have kept them off school with these symptoms before Covid?

YES

KEEP YOUR CHILD AT HOME THEN CHECK...

YES

YOUR CHILD SHOULD NOT GO TO SCHOOL. KEEP THEM AT HOME AND BOOK THEM A TEST

Call **119** or go to the www.gov.uk/coronavirus website to arrange an appointment at a testing centre or order a home testing kit.

Follow isolation rules as outlined in [government guidance](#).

POSITIVE

If your child's test is positive follow isolation rules in line with [government guidance](#).

Inform the education setting of the reason for their absence in the usual way.

After 10 days, your child may return to school if they do not have symptoms other than cough or change to sense of smell or taste (as these symptoms can last for weeks after the infection has gone). If your child still has a temperature after 10 days or feels unwell, they should continue to isolate until the symptoms have gone (and for 48 hrs after the end of any sickness or diarrhoea).

NEGATIVE

If your child's test is negative and they are well enough they should return to school.

NO

DO THEY HAVE ANY OF THE FOLLOWING:



1. A high temperature



2. A new, continuous cough – This means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours



3. A loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal

NO

Does your child have an underlying chronic health condition such as cystic fibrosis?

YES

If you haven't already had contact with your child's specialist team about testing criteria, give them a call for further guidance.

NO

Children who are otherwise well with:

- Runny noses
- Sore throats without a fever
- Mild colds

CAN GO TO SCHOOL AS USUAL

PROTECT OURSELVES. PROTECT OTHERS. PROTECT NORFOLK.