


Move lots, eat well and have fun during the Easter holidays with Big Norfolk Holiday Fun for 5–10 and 11–16 year olds.



A range of free live workshops and pre-recorded sessions - there's something for everyone. pre recorded sessions can be viewed at any time during the Easter holidays. All live sessions need to be prebooked, click on the activities below to book. For more information visit the website www.norfolk.gov.uk/holidayactivities or click on the links below.

Activities for children aged 5–10

Monday 29th March	Tuesday 30th March	Wednesday 31st March	Thursday 1st April	Friday 2nd April
10am - 10.30am Sensory circuits	10am - 10.30am Tennis Multi-skills	10am - 10.30am Multi-skills	10am - 10.30am Yoga	 <p>Bank Holiday</p>
10.30am - 11.30am Art fun at home Family learning	10.30am - 11.30am Signing resources for a food song	10.30am - 11.30am Pepper shaker	10.30am - 11.30am Family cooking (Tomato sauce)	
11.30am - 12.15pm Write a (W)rap about food	11.30am - 12.15pm Knights School	11.30am - 12.15am Family cooking	11.30am - 12.15pm Outdoor learning	
1.30pm - 2pm Gymnastics	1.30pm - 2pm Games	LIVE! 12pm - 1pm Interactive zoom session Your Place	<u>1.30pm - 2pm</u> <u>Street Dance</u>	
2pm - 3pm Outdoor learning	2pm - 3pm Family cooking (Flat breads)	1.30pm - 2pm Crossfit	2pm - 3pm Introduction to mindfulness	
		LIVE! 2pm - 3pm Interactive zoom session Your Place		
		2pm - 3pm Dance garage		

Activities for children aged 5–10

There are some live events between 5–9 April but you can choose other activities at a time of your choice. Simply click on the links below to access a range of pre-recorded online videos.



Monday 5th April	Tuesday 6th April	Wednesday 7th April	Thursday 8th April	Friday 9th April
LIVE! 10am Salt Dough with Family Learning	Fun science experiment – hot ball cold ball	Family games session	LIVE! 10am – 11.30am Family cooking (Easy cottage pie)	Fun singing sessions
 Bank Holiday	LIVE! 2pm – 3.30pm Family cooking (Easy peasy macaroni cheese)	Knights school	Explore the great outdoors!	Tips on mental health issues for children
	Make your own percussion instrument	Fun Science session Sink or Swim	Create your own rap	Fun dance sessions run by the Garage
		Cook with family		