



# Newsletter

## March 2019



### World Book Day

It was great to see so many different costumes during our Dress Up Day.

There were of course the favourites from Harry Potter, Star Wars, David Walliams books, and numerous Superheroes. A selection of our photos from the day are on the school website home page!



### Comic Relief Red Nose Day

We have sold the noses and children have enjoyed discovering which one was in the box!

Thank you to everyone who has been able to purchase one.

### Recycle Your Noses!

A recent news article about a school that has created its own recycled noses, because of the plastic used to make them, has drawn attention. Comic Relief have confirmed that the noses can be recycled (and many get transformed into carpet underlay!)

Therefore, to help with this cause, we have a Red Nose Recycling box in school for any unwanted noses. We will take these to Sainsbury's for recycling. Please drop in any noses by Friday 22 March.

### Library Competition

This term's theme is Animals

For your chance to win a copy of 'The Animal Book' design your own animal.

For your chance to win a £10 Book token, write a story about an Animal Journey- it can be real, or imagined.

All entries need to be in school by Friday 22 March.



### School Council News – Easter Theme Day with Bonnets, Hunt, Cakes and Games

They will be supporting the chosen charity, which is the RSPCA, with an Easter Bake Sale on Friday 5 April at the end of the school day. They would like your help, through donations of cakes and biscuits to sell, as well as coming to buy.

The School Council are also organising some Easter themed games- children are invited to come along with £2 to take part in these activities during the school day. There will be prizes too! This will take place on Friday 5<sup>th</sup> April.

In addition, during the afternoon, the children are invited to take part in an Easter Bonnet Parade- 50p to enter. Children are asked to design and make their hat at home, ready for the parade in the afternoon.

There will be prizes for the winners!

Also in the afternoon there will be an Easter Egg Hunt for each class. Everyone will receive an Easter Egg from FOLS to take home.

### Eco Team News

A car full of 'stretchy' plastic waste was collected and taken to the recycling centre... and because they did so well, the Eco Team are continuing to collect – the box is in the school reception. They are holding a Book sale on 22 March 3.15-3.45pm to raise funds for bird boxes and seeds.

## Mini Me Yoga

Your child may already be talking about this at home, as all classes are beginning to implement activities into the school day. We also held the Family Workshop which was enjoyed by both parents and children. All our teachers and teaching assistants have attended training too, and been awarded their certificates in Celebration assembly!

The merits of yoga, which includes breathing, meditation or mindfulness, are well researched, and learning these skills helps with both physical and mental well-being. It can give children access to tools they can use in situations where they feel worried or anxious; can help to be calm; can aid sleep, helps to focus and enjoy being 'in the moment.'

*The children are commenting positively already...*

When I say hi around the circle it makes me feel happy.

I like passing the smile around. I like it when they get to me. The smiles people give me are really nice and I like looking at everyone's smiles.

It makes me feel peaceful

The lion pose makes me feel tall and gets rid of tension.

Sometimes I worry about learning but yoga gives me a rest.

## Sports News

***Congratulations to Tara***, who competed in the Norfolk School Games Cross Country Final, having qualified in the Autumn. Tara finished 8<sup>th</sup> in her year group, which is amazing! Well Done Tara

***KS1 Rugby Festival*** – Our Team from Willow class were all awarded a certificate for participating very well, and Archie was commended for his demonstration of the Sporting Values, with an additional certificate.

***Coming up...*** Year 1 football , Ks2 Football and HI 5 Netball

### *Can you help with our Outdoor Areas?*

We are looking to set up a working party to rejuvenate our School Garden and Wildlife garden and pond. Please see Mrs Tebbutt if you are interested in volunteering.

### *Can you help with Open The Book?*

Reverend Helen Rengert is seeking volunteers to help bring the Bible to life for children through 'Open the Book'. This involves being part of a small group coming into school to share stories. Contact the Reverend for details.

### *Parent questionnaire*

*Thank you to all those who completed a questionnaire at parents' evening – outcomes will be on the next newsletter. If you haven't completed yours yet, we do have some spare copies available from the school office.*

## Diary Dates :

Mon18 March- Rowan Outdoor Day, Whitwell

Tues19 March – Y1 Football Festival

Wed 20 March Oak Outdoor Day, Whitwell

Thurs 21 March- Football Tournament (team from Year 4 and 5)

Fri 22 March – Book Sale after school, led by the ECO Team; last day for Library competition entries

Mon1 April – Mr Chapman leading a talk to the pupils about the new village hall ;visit to follow.

Tues 2 April- Netball tournament

Thurs 4 April – Easter Service at St Margaret's- all welcome. School Council will be collecting for the RSPCA.

Fri 5 April – School Council Easter Activities

School Closes at 3.05pm Friday 5<sup>th</sup> April, back to school Tuesday 23 April.

**Explorer Cafés-** Oak 28 March pm; Willow 29 March /5 April am; Rowan 2 April pm; Cherry 4 April am  
Please check your individual invitations for details.