

NEWSLETTER

# January 2019



The new term has started with a focus on Keeping Healthy, with each class learning about healthy foods, looking after teeth, and healthy bodies and minds. Each Class had a visit from the Dental Nurse, who explained what happens to teeth if we don't look after them. Coming up is a 'Health Assembly' led by Matt from our Sports Partners, WNDSSP. Willow class are having weekly 'Active RE' lessons, a great way to combine stories and physical activity.

With a focus on well- being this year, across the school we are starting to develop strategies for the children to manage their emotional well- being, as well as physical health. Your child may have already started talking to you about some of the activities, and for parents we will be running a Mini Me Yoga parents workshop, as part of our in -school development programme.

In Collective Worship, we have been learning the Value of Courage, some courageous Biblical characters and what courage means. Our website has some' Courage' activities you could do together at home.

A number of visits are planned for this term, Oak Class will be attending the Crucial Crew safety event; Oak and Rowan will be going to Whitwell Hall for an Outdoor Day.

A group of Year 5 and 6 pupils will be attending Norwich School for a Chinese New Year Celebration, as part of their learning in Mandarin.

Rowan class will be visiting Norwich School for another Sensational Science Day.

Also this term we have, of course World Book Day on 7 March – this year we will be asking children to dress up as a story character- look out for some simple ideas on the website soon.

On 15 March, is the Comic Relief 'Red Nose Day' -we will be finding out how Comic Relief helps children in the UK and around the World and having fund raising activities.



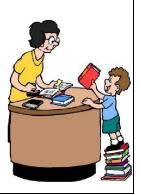
## **Recycling Project**

The Eco Team have been highlighting their concerns about plastic waste, an issue that has been brought to public attention by Sir David Attenborough. As a result, they are now working alongside the Lyng community scheme after a meeting with Mrs Camilla Davis, to collect plastic that can't be recycled in the bins at home- the children are calling it 'stretchy plastic.' (details in February's Hill

and Vale). Thank you so far to all the people who have handed in so far- we will send our collection by Friday 15<sup>th</sup> February, so that it can then be taken to a recycling centre in Norwich.

#### Books.

Thank you to everyone who collected the Newspaper book tokens for the school. We have been able to purchase £100 of books for the school library. Each class visits the library every week to borrow a book to read and share at home for the week. We are very grateful to volunteer parents, Mrs Mouland and Mrs Riches for helping pupils in the library sessions to choose, exchange and find books, using our computerised loan program.



# Explorer Cafés

Our next cafés will be held in the Spring, after half term.



## Mini Me Yoga Parents Workshop. 27 February 3.30

This fun family experience offers an opportunity to learn some ways to introduce positive thinking, mindfulness and simple yoga so that you can follow the programme we are introducing in school. School staff have already had their training!

## Messy Café Church

Sunday 3<sup>rd</sup> February ,4pm, Elsing Village Church A Valentine's Day special- crafts, food, stories – everyone welcome Refreshments and toys for younger children No charge , but donations always welcome.

Parents Evenings

Tuesday 26 February 3.30- 5pm Thursday 28 February 5-6.10pm Monday 4 March 3.30-5.10pm

Dates for your Diary 4 February - Health Assembly 5 February - Group of Oak pupils to Norwich School for Chinese New Year Event 6 February – Science Workshop at Norwich School – Rowan Class 8 February – Cricket Taster session – y4 15 February – Cricket Taster session – y1,2,3 27 February – Mini Me Parents Yoga Workshop 5 March – Tag Rugby Festival – team from Willow 6 March – Oak Class Crucial Crew 7 March- World Book Day 15 March – Comic Relief (Red Nose Day) 18 March – Whitwell Outdoor Day – Rowan 20 March – Whitwell Outdoor Day – Oak 21 March – football tournament KS2

Easter Holidays – school closes Friday 5 April. Reopens 23 April.

#### Reminders

Wellies – children can play on the field at lunchtime if they have wellies to change into.

#### **School Closure Information**

Winter seems a good time to remind you all of the details to check in the event of school closure in the event of bad weather or incident.

The website address is http://www.disruptions.norfolk.gov.uk/nccclosures\_schools.html Norfolk Radio broadcasts school closures.

